

**Rock Valley College Transfer Guide  
Bachelor of Arts in Physical Education  
K-12 Licensure**



**Available at:  
NEIU Main Campus (Chicago, IL)**

**Why Choose Northeastern?**

Northeastern Illinois University is committed to providing an affordable education. That's why our tuition and fees are among the most affordable of the Illinois public universities. We offer a **tuition guarantee program** that guarantees incoming students the same tuition rate for four years.

Northeastern offers more than 40 undergraduate degree and certificate programs, with classes on weekdays, evenings, weekends, and online. Small class sizes allow for students to pursue a more personal academic experience in one of the most ethnically diverse universities in the nation.

**Physical Education K-12 Licensure Program Description**

The Bachelor of Arts in Physical Education K-12 Licensure prepares students to be a certified teacher in the state of Illinois. The degree program covers the most up-to-date scientific and pedagogical content knowledge relevant to the daily activities of a physical education teacher. The program combines lecture-based courses with hands-on practical clinical experiences in a variety of diverse settings throughout the program. Based on these quality experiences, students will be able to teach in urban and suburban schools. Finally, the program will allow students to create, communicate and utilize unique ideas in K-12 Physical Education.

**Contact Information**

**Northeastern Illinois University Transfer Center:** Students who have questions about the program prior to admission may contact the Northeastern Illinois University Transfer Center at (773) 442-4076 or email: [TransferSteps@neiu.edu](mailto:TransferSteps@neiu.edu).

**Admission Requirements**

- Students must have earned a minimum cumulative grade point average of 2.0 or higher for all college or university course work attempted. Students must be in good academic standing at the last college or university attended.
- Required documents are: application for admission, \$30 nonrefundable application fee, and official transcripts from all colleges and universities.
- Additional Admission and application materials, including the option to apply online can be found at [www.neiu.edu/Transfer](http://www.neiu.edu/Transfer).
- Application deadlines are as follows:

Semester Applying	Deadline to Apply	International Student Deadline to Apply
Fall	July 15	June 15
Spring	November 1	October 1
Summer I	April 1	March 1
Summer II	May 1	April 1

## Admission Requirements for the Daniel L Goodwin College of Education

- C or better in English 101.
- C or better in College Level Math.
- A minimum 2.5 GPA.
- A minimum 30 semester hours (this can be transfer coursework or courses taken at Northeastern).
- Background check.

## General Education Requirements

Three options are available to students who plan to complete their General Education requirements at Rock Valley College.

- **Associate of Arts or Associate of Science degree:** Students who transfer with an approved Illinois Community College Board (ICCB) Model Associate of Arts degree will have met Northeastern Illinois University's General Education requirements. Students who transfer with an Associate of Science degree granted December 2016 or later may need to take one additional Humanities course and one additional Social and Behavioral Sciences course to meet Northeastern's General Education requirements.
- **Completion of the Illinois Articulation Initiative (IAI):** Students who transfer after completing the Illinois Articulation Initiative (IAI) will have met their General Education requirements.
- **Transfer Course Lists for Rock Valley College:** Students may choose to meet their General Education requirements by selecting courses from Northeastern's Transfer Course Equivalency Guides, available at: [www.neiu.edu/Transfer](http://www.neiu.edu/Transfer). **When choosing this option, please use the following Northeastern Illinois University General Education guide:**

Northeastern Illinois University General Education Program		
The General Education Program requires <b>42-45 credit hours</b> of courses distributed among 6 areas.		
Northeastern Illinois University Requirement	Credits	Rock Valley College Equivalent (if any)
<b>Math / Quantitative Reasoning – MATH 112</b> Statistics in Daily Life (3 hours)	3	<ul style="list-style-type: none"> <li>• <b>MTH 220</b> Elements of Statistics</li> </ul>
<b>Social / Behavioral Sciences</b> 3 courses (9 hours)	9	<ul style="list-style-type: none"> <li>• No more than two courses from the same department may be used.</li> </ul>
<b>Natural Sciences</b> 3 courses (9 hours)	9	<ul style="list-style-type: none"> <li>• No more than two courses from the same department may be used.</li> <li>• One course must be a lab course.</li> </ul>
<b>Fine Arts</b> 2 courses (6 hours)	6	<ul style="list-style-type: none"> <li>• No more than one course from the same department may be used.</li> </ul>
<b>Humanities</b> 3 courses (9 hours)	9	<ul style="list-style-type: none"> <li>• <b>SPH 132</b> Public Speaking</li> <li>• No more than two courses from the same department may be used.</li> <li>• No more than two foreign language courses may be used to fulfill this requirement.</li> </ul>
<b>Non-General Education University Requirements</b> (6-9 hours)	6-9	<ul style="list-style-type: none"> <li>• <b>ENG 101</b> Composition I with a grade of "C" or better.</li> <li>• <b>ENG 102</b> Composition II with a grade of "C" or better.</li> <li>• Improving Human Relations requirement will be met through one of many general education courses. Please see the <a href="#">Rock Valley Transfer Course Equivalency Guide</a> to find courses meeting Human Relations.</li> </ul>

## Degree Plan\*

D: Degree GECC: General Education Core Curriculum		Semester-by-Semester Program Plan for Full-Time Students			
<i>*All plans can be modified to fit the needs of part-time students by adding additional semesters</i>					
D	GECC	Semester 1	Rock Valley Category	NEIU Category	Next Actions
•	•	ENG 101 – Composition I (3)	Communication	Writing Requirement	<b>DO THIS</b> – Meet with advisor to discuss academic goals and plan coursework
•	•	Social Science Course (3)	Social Science	General Education	
•	•	Social Science Course (3)	Social Science	General Education	
•	•	Fine Arts Course (3)	Humanities/Fine Arts	General Education	
•	•	Humanities Course (3)	Humanities/Fine Arts	General Education	
•		STU 100 – Planning for Success (1)	Elective	Elective	
<b>16 Credit Hours</b>					
D	GECC	Semester 2	Rock Valley Category	NEIU Category	Next Actions
•	•	ENG 102 – Composition II (3)	Communication	Elective	<b>DO THIS</b> – Mid-term check-in with advisor
•	•	Life Science or Physical Science Course (3-4)	Life/Physical Science	General Education	
•	•	MTH 220 – Elements of Statistics (3)	Mathematics	Math/Quantitative Reasoning	<b>DO THIS</b> – <a href="#">Apply</a> to NEIU's Guaranteed Admission Program (GAP)
•	•	SPH 132 – Public Speaking (3)	Communication	General Education	
•		Elective Course (3)	Elective	Elective	
<b>15-16 Credit Hours</b>					
D	GECC	Semester 3	Rock Valley Category	NEIU Category	Next Actions
•	•	Life Science or Physical Science Course (3-4)	Life/Physical Science	General Education	<b>DO THIS</b> – Mid-term check-in with advisor
•	•	Social Science Course (3)	Social Science	General Education	
•	•	Humanities or Fine Arts Course (3)	Humanities/Fine Arts	General Education	<b>DO THIS</b> – Begin seeking additional four-year funding <b>DO THIS</b> – <a href="#">Apply for admission</a> to NEIU
•		Elective Course (3)	Elective	Elective	
•		Elective Course (3)	Elective	Elective	
<b>16 Credit Hours</b>					
D	GECC	Semester 4	Rock Valley Category	NEIU Category	Next Actions
•	•	Social Science Course (3)	Social Science	General Education	<b>DO THIS</b> – Petition to graduate
•	•	Humanities or Fine Arts Course (3)	Humanities/Fine Arts	General Education	
•		Elective Course (3)	Elective	Elective	<b>COMPLETION</b> of Associate of Arts Degree
•		Elective Course (3)	Elective	Elective	
•		Elective Course (4)	Elective	Elective	
<b>16 Credit Hours</b>					
<b>MINIMUM TOTAL AA CREDIT HOURS: 64</b>					
<b>WRITTEN DEGREE PLAN CREDIT RANGE: 63-64</b>					
<b>DO THIS</b> – <a href="#">Register for NEIU orientation</a> (once admitted)					

**Note:**

- All Rock Valley College students must complete a Non-Western Culture course as part of their associate's degree. See your Rock Valley College advisor for course options.
- All students who earn an Associate of Arts Degree from Rock Valley College enter Northeastern with 64 hours of transfer credit, even if they earned less than 64 credit hours. See the [NEIU Transfer Policy](#) for further information.
- MTH 220 Elements of Statistics is required for Physical Education K-12 major students.

Northeastern Illinois University		
<i>All plans can be modified to fit the needs of part-time students by adding additional semesters</i>		
Semester 5	NEIU Category	Next Actions
PEMT 201 Intro to Principles and Methods in PE (3)	Major Requirement	<b>DO THIS</b> – Meet with your advisor
PEMT 203 Fitness Education (3)	Major Requirement	
PEMT 276 Team Sports (3)	Major Requirement	
EDFN 306 Education and Individual Differences (3)	Major Requirement ELE-X Requirement	<b>DO THIS</b> – Declare your major
<b>12 Credit Hours</b>		<b>DO THIS</b> – Apply to the Goodwin College of Education

Semester 6	NEIU Category	Next Actions
PEMT 305 Functional and Structural Human Anatomy (3)	Major Requirement	<b>DO THIS</b> – Meet with your advisor
PEMT 251 Fundamentals of Rhythms (3)	Major Requirement	
PEMT 303 Adapted Physical Education and Recreation (3)	Major Requirement	
PEMT 307 Assessment in Physical Education (3)	Major Requirement	
PEMT 231 Individual Dual Sports (3)	Major Requirement	
<b>15 Credit Hours</b>		
Semester 7	NEIU Category	Next Actions
PEMT 302 Kinesiology (3)	Major Requirement	<b>DO THIS</b> – Meet with your advisor
PEMT 306 Exercise Physiology (3)	Major Requirement	
PEMT 341 Physical Education Curriculum Design (3)	Major Requirement	
PEMT 343 Foundations of Physical Education for Elementary Schools (3)	Major Requirement	
<b>12 Credit Hours</b>		
Semester 8	NEIU Category	Next Actions
HSCI 315 WIP: Writing in the Health Sciences and Physical Education (3)	Major Requirement WIP Requirement	<b>DO THIS</b> – Meet with your advisor
PEMT 300 Adventure Education (3)	Major Requirement	<b>DO THIS</b> – Apply for graduation
PEMT 344 Foundations of Physical Education for Middle High Schools (3)	Major Requirement	<b>DO THIS</b> – Meet with Career Services for career counseling
EDFN 307 Psychology of Instruction and Learning (3)	Major Requirement	
<b>12 Credit Hours</b>		
Semester 9	NEIU Category	Next Actions
PEMT 308 Motor Skill Behavior (3)	Major Requirement	<b>DO THIS</b> – Meet with your advisor
PEMT 310 Socio-Cultural Influences on Physical Activity (3)	Major Requirement ELE-X Requirement	
PEMT 355 Physical Education Clinical Experience (3)	Major Requirement ELE-DS Requirement	
<b>9 Credit Hours</b>		
Semester 10	NEIU Category	Next Actions
SCED 305P Secondary Student Teaching and Seminar in Physical Education (12)	Major Requirement ELE-DS Requirement	<b>COMPLETION</b> of Bachelor of Arts Degree
<b>12 Credit Hours</b>		
<b>BACHELOR'S DEGREE MINIMUM TOTAL: 136 CREDIT HOURS</b>		

## Tuition, Financial Aid and Scholarships

Northeastern Illinois University is committed to providing an affordable education. That's why our tuition and fees are among the most affordable of the Illinois Public Universities. We offer a **tuition guarantee program** that guarantees incoming students the same tuition rate for four years.

For information about financing your education at Northeastern, including Financial Aid and Scholarship opportunities, please see our website: <http://neiu.edu/financial-aid/>. You may also contact our Financial Aid Office directly at (773) 442-5016 or email [Financial-Aid@neiu.edu](mailto:Financial-Aid@neiu.edu). If you are completing the Free Application for Federal Student Aid (FAFSA), Northeastern's federal School code is **001693**.

### Provost and Deans Merit Scholarships for TRANSFER students\*:

Scholarship	Amount Awarded	Credit Hour Requirement	GPA Requirement	Residency Requirement	NEIU Enrollment Requirement
Provost Merit	\$2,000	60+ credit hours	3.50 GPA	Illinois Residency	Full-Time (12+ credit hours)
Deans Merit	\$1,000	60+ credit hours	3.0 GPA	Illinois Residency	Full-Time (12+ credit hours)

*Until all of the scholarships are awarded, students who meet these qualifications will automatically be considered for the Provost and Deans Merit Scholarships at the time of applying for admission to Northeastern. Completing an additional application is not necessary.* The Office of Scholarships may be reached at (773) 442-4606 or [scholarships@neiu.edu](mailto:scholarships@neiu.edu).